



GO GEE GEE INVITE: Updates for February 23-24, 2019

Please be advised that the warmup and start times of the meet have changed to the following:

Date	Age Group	Session	Warmup	Event Start
Sat Feb 23, 2019	12/Under	1	7:00 AM	7:30 AM
Sat Feb 23, 2020	13/Over	2	12:40 PM	1:15 PM
Sun Feb 24, 2019	12/Under	3	7:00 AM	7:30 AM
Mon Feb 25, 2019	13/Over	4	12:40 PM	1:15 PM

Other important things to note:

- in an effort to keep the meet under 4.5 hours, the 400m freestyle in session 3 (12/under) will be two swimmers per lane for both male and female swimmers
- we will not be selling programs - please advise your team families that they will be able to access meet mobile (We will give coaches and officials programs and post some programs on deck for the swimmers)
- Heat Sheets can also be found @ [gokingfish.ca](http://gokingfish.ca) for you to print
- please bring your own water bottles - we will have water available for refilling but are trying to minimize waste
- Scratches will not be accepted within 30 minutes of start time