

**GO Polar Bear Plunge Invitational - 2019-01-19 to 2019-01-20****Go Polar Plunge Invitational****January 19-20, 2019****Session Report**

Session: 1 GO Polar Bear 12/under: Short Course

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 200 Medley Relay	3	1	08:30 AM	_____
Finals	2 Boys 10 & Under 200 Medley Relay	3	1	08:35 AM	_____
Finals	3 Girls 11-12 200 Medley Relay	2	1	08:40 AM	_____
Finals	4 Boys 11-12 200 Medley Relay	2	1	08:43 AM	_____
Finals	5 Mixed 12 & Under 200 Freestyle	94	12	08:46 AM	_____
Finals	6 Mixed 12 & Under 50 Breaststroke	43	6	09:31 AM	_____
Finals	7 Mixed 12 & Under 100 Butterfly	24	3	09:40 AM	_____
Finals	8 Mixed 12 & Under 200 Breaststroke	29	4	09:46 AM	_____
Finals	9 Mixed 12 & Under 100 Backstroke	111	14	10:04 AM	_____
Finals	10 Mixed 12 & Under 50 Freestyle	122	16	10:41 AM	_____
Finals	11 Mixed 12 & Under 400 Freestyle	17	3	11:00 AM	_____
Finals	12 Mixed 12 & Under 800 Freestyle	17	3	11:22 AM	_____
	Swimmers Counts for Warm-ups: 155	=====	=====		
	Entry / Heat Totals:	467	65		
	Finish Time			12:07 PM	_____

Session: 2 Go Polar Bear 13/over: Long Course

Day of Meet: 1 Starts at 01:35 PM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	13 Women 13-14 400 Medley Relay	2	1	01:35 PM	_____
Finals	14 Men 13-14 400 Medley Relay	2	1	01:41 PM	_____
Finals	15 Women 15 & Over 400 Medley Relay	4	1	01:47 PM	_____
Finals	16 Men 15 & Over 400 Medley Relay	3	1	01:53 PM	_____
Finals	17 Women 13 & Over 200 Freestyle	33	5	01:58 PM	_____
Finals	18 Men 13 & Over 200 Freestyle	19	3	02:17 PM	_____
	Break: 2 Minutes:				
Finals	19 Women 13 & Over 50 Breaststroke	26	5	02:28 PM	_____
Finals	20 Men 13 & Over 50 Breaststroke	14	3	02:34 PM	_____
	Break: 2 Minutes:				
Finals	21 Women 13 & Over 100 Butterfly	31	4	02:40 PM	_____
Finals	22 Men 13 & Over 100 Butterfly	10	2	02:47 PM	_____
Finals	23 Women 13 & Over 200 Breaststroke	21	3	02:51 PM	_____
Finals	24 Men 13 & Over 200 Breaststroke	17	3	03:04 PM	_____
Finals	25 Women 13 & Over 100 Backstroke	41	6	03:15 PM	_____
Finals	26 Men 13 & Over 100 Backstroke	20	3	03:30 PM	_____
	Break: 2 Minutes:				
Finals	27 Women 13 & Over 50 Freestyle	50	9	03:39 PM	_____
Finals	28 Men 13 & Over 50 Freestyle	26	5	03:48 PM	_____
	Break: 2 Minutes:				
Finals	29 Women 13 & Over 400 Freestyle	15	2	03:55 PM	_____
Finals	30 Men 13 & Over 400 Freestyle	9	2	04:08 PM	_____
Finals	31 Women 13 & Over 800 Freestyle	8	1	04:21 PM	_____

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Session: 2 Go Polar Bear 13/over: Long Course

Day of Meet: 1 Starts at 01:35 PM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	32 Men 13 & Over 800 Freestyle	1	1	04:33 PM	_____
	Swimmers Counts for Warm-ups: 126	=====	=====		
	Entry / Heat Totals:	352	61		
	Finish Time			04:46 PM	_____

Session: 3 Go Polar Bear 12/under: Short Course

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 10 & Under 200 Freestyle Relay	4	1	08:30 AM	_____
Finals	34 Boys 10 & Under 200 Freestyle Relay	3	1	08:35 AM	_____
Finals	35 Girls 11-12 200 Freestyle Relay	2	1	08:38 AM	_____
Finals	36 Boys 11-12 200 Freestyle Relay	2	1	08:41 AM	_____
Finals	37 Mixed 12 & Under 100 IM	48	6	08:44 AM	_____
Finals	38 Mixed 12 & Under 50 Backstroke	45	6	08:58 AM	_____
Finals	39 Mixed 12 & Under 100 Breaststroke	80	10	09:09 AM	_____
Finals	41 Mixed 12 & Under 100 Freestyle	120	15	09:33 AM	_____
Finals	40 Mixed 12 & Under 200 Backstroke	43	6	10:04 AM	_____
Finals	42 Mixed 12 & Under 50 Butterfly	24	3	10:30 AM	_____
Finals	43 Mixed 12 & Under 200 Butterfly	6	1	10:35 AM	_____
Finals	44 Mixed 12 & Under 200 IM	61	8	10:38 AM	_____
Finals	45 Mixed 12 & Under 400 IM	12	2	11:11 AM	_____
	Swimmers Counts for Warm-ups: 149	=====	=====		
	Entry / Heat Totals:	450	61		
	Finish Time			11:25 AM	_____

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Session: 4 Go Polar Bear Invite: 13/over: Long Course

Day of Meet: 2 Starts at 01:35 PM Heat Interval: 25 Seconds / Back +25 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	46 Women 13-14 400 Freestyle Relay	2	1	01:35 PM	_____
Finals	47 Men 13-14 400 Freestyle Relay	2	1	01:40 PM	_____
Finals	48 Women 15 & Over 400 Freestyle Relay	2	1	01:45 PM	_____
Finals	49 Men 15 & Over 400 Freestyle Relay	1	1	01:50 PM	_____
Finals	50 Women 13 & Over 200 Butterfly	4	1	01:54 PM	_____
Finals	51 Men 13 & Over 200 Butterfly	1	1	01:58 PM	_____
Finals	52 Women 13 & Over 200 IM	30	5	02:01 PM	_____
Finals	53 Men 13 & Over 200 IM	13	3	02:20 PM	_____
	Break: 2 Minutes:				
Finals	54 Women 13 & Over 50 Backstroke	11	2	02:33 PM	_____
Finals	55 Men 13 & Over 50 Backstroke	6	1	02:36 PM	_____
	Break: 2 Minutes:				
Finals	56 Women 13 & Over 100 Breaststroke	25	5	02:39 PM	_____
Finals	57 Men 13 & Over 100 Breaststroke	18	3	02:50 PM	_____
Finals	58 Women 13 & Over 200 Backstroke	26	5	02:56 PM	_____
Finals	59 Men 13 & Over 200 Backstroke	11	2	03:17 PM	_____
Finals	60 Women 13 & Over 100 Freestyle	31	6	03:25 PM	_____
Finals	61 Men 13 & Over 100 Freestyle	15	3	03:35 PM	_____
	Break: 2 Minutes: Timers Change Ends				
Finals	62 Women 13 & Over 50 Butterfly	21	4	03:42 PM	_____
Finals	63 Men 13 & Over 50 Butterfly	14	3	03:47 PM	_____
	Break: 2 Minutes:				
Finals	64 Women 13 & Over 400 IM	12	2	03:53 PM	_____
Finals	65 Men 13 & Over 400 IM	5	1	04:07 PM	_____
	Swimmers Counts for Warm-ups: 82	=====	=====		
	Entry / Heat Totals:	250	51		
	Finish Time			04:13 PM	_____