

A collection of blue snowflakes of various sizes and designs scattered around the main text.

CSL

Snowflake Invitational 2018

Hosted by:

Cornwall Sea Lions Swim Club

Cornwall Aquatic Centre
100 Water Street
Cornwall, ON K6H 6G4



Sanctioned by:





General Information

Date:	November 23 – 25, 2018
Hosted by:	Cornwall Sea Lions Swim Club
Location:	Cornwall Aquatic Centre 100 Water St Cornwall, ON K6H 6G4
Facility:	6-lane 25-Metre pool with Colorado Electronic Timing

Meet Information

Meet Manager:	Jimmy Malyon meetmanager@cornwallsealions.com
Competition Coordinator:	Chad Kilger ckilger@cogeco.ca
Officials Coordinator:	Joanne Sidorchuk jsidorchuk@cogeco.ca Please contact Chair of Officials and advise of your preferred position and session to work
Meet Package:	The only meet package considered valid will be the most current version found on www.swimming.ca
Sanction:	Mixed Gender: The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis <i>(choose appropriate circumstances)</i> : Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.
Eligibility	All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry as this is an invitational meet. Participation of this meet is at the full discretion of the host club.



Meet Format & Regulations

Coach's briefing:	Meet at the Electronics Table at 3:30 pm on Friday, 6:30am on Saturday and 8:00am on Sunday.
Coach's Registration:	Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists . If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.
Meet Format:	Short course with open/timed finals. All events will be swum mixed gender, timed finals with results separated by gender and age group.
Split Times:	Meet Management acknowledges the SO policy with banning the future use of split times as official times and requires that any coach wishing to relay on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in questions. In such a case, Meet Management and the Referee will undertake all appropriate steps as prescribed by their training to assure the quality and integrity of interval times. Any time collected according to this request will subsequently be recorded in a separate event of the appropriate distance and stroke created for such a purpose.
Swimwear:	All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator.
Competition Warm-Up Safety Procedures:	Sanctioned by Swim Ontario. All current Swimming/Natation Canada (SNC) rules will be followed. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed HERE .
Safety & Liability:	Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.
Privacy:	Cameras and recording devices are not permitted on the pool deck or the vicinity of the locker room area at any time during the meet. Meet Management reserves the right to remove any person from the meet not adhering to the meet rules. Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Meet Management for application and authorization.



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Meet Package
November 23 – 25, 2018**

Photographer:	Due to the restrictions stated above, and for safety, a professional photographer with deck experience may be available to take pictures. If a photographer is available, they will be set up along the North pool windows to receive photo orders and requests. If you have a club photographer, please pre-register and get approval for that person from a CSL Meet Manager.
Dive Starts:	As per the Facility Rules for Dive Starts, this competition will be conducted as follows: <ul style="list-style-type: none">· Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1<ul style="list-style-type: none">o from deep end only
Records:	Swim times achieved at this competition will NOT be used for applications of provincial and national records.
Food & Drink:	WATER IS THE ONLY BEVERAGE PERMITTED ON THE POOL DECK. FOOD CAN BE PURCHASED AND SHOULD BE CONSUMED IN THE LOBBY ONLY.



Meet Entries

Entries:	<p>Entry Deadline: Saturday November 10th, 2018.</p> <ul style="list-style-type: none"> • Swimmers age is as of November 23, 2018 (the first day of meet). • Entries should be submitted by Hy-Tek format in SC metres. • <i>Please submit an estimated time rather than NT where possible.</i> • Entries are limited to 3 events per session to a maximum of 8, plus the relays. • The confirmation of entries will be sent after import. <p>The meet manager reserves the right to limit entries in the 800 Free and 400 free based on time restrictions with the possibility of two swimmers per lane.</p> <p>Entries must be submitted through the SNC online entries system at www.swimming.ca .</p> <p>Meet Management will not accept entries directly via email.</p>
Entry Fees:	<p>\$9.00 per individual event. \$8.00 for relays</p> <p style="text-align: center;"><i>Entry fee payment is required <u>before</u> the start of the meet and is non-refundable.</i></p> <p>Entry fees are to be paid by cheque and made payable to <u>Cornwall Sea Lions</u>.</p>
Scratches:	<p>All scratches to be submitted to the Clerk of Course 30 minutes prior to the start of the session.</p>
Deck Entries:	<p>Deck entries for registered swimmers accepted where space permits up to 30 minutes prior to the start of the session. Swimmers NOT uploaded through the Hy-Tek will not be permitted as deck entries</p>
Results:	<p>Results will be up-loaded to the SNC website within two days of the finish of the meet. Results will be separated according to age group and gender; specifically, 10 & U, 11-12, 13-14 and 15 & O.</p>
Awards:	<p>Individual ribbons for age groups 10 & U, 11-12, 13-14, and 15 & O Individual events: 1st/2nd/3rd/4th/5th/6th Relay events: 1st/ 2nd/3rd</p>



Meet Events

Events:	<ul style="list-style-type: none"> • All events will be time finals. • All swimmers will be seeded together, based on time. • <u>Final results separate swimmers based on gender and age group categories.</u> • Meet management reserves the right to limit entries to the 400 free, and 800 free and/or to swim 2 per lane. (800 free will be limited to 24 entries) Distance swims seeded mixed according to time.
Combining Events:	Friday evening events are identical to Saturday day events and Saturday evening events are identical to Sunday events. Event numbers are different and results will be merged for overall standings.

Session	Warm-up	Start	Events
1 - Friday	A) 4:00 pm – 4:30 pm B) 4:30 pm – 5:00 pm	5:15pm	Mixed events for select teams only
2 – Saturday	A) 7:00 am – 7:30 am B) 7:30 am – 8:00 am	8:15 a.m.	Mixed events for select teams only
3 – Saturday	A) 1:00 pm – 1:30 pm B) 1:30 pm – 2:00 pm	2:15pm	Mixed events for <u>all</u> teams
4 – Saturday	A) 4:00 pm – 4:30 pm B) 4:30 pm – 5:00 pm	5:15pm	Mixed events for select teams only
5 – Sunday	A) 8:30 am – 9:00 am B) 9:00 am – 9:30 am	9:45am	Mixed events for select teams only



Session 1 - Mixed - Select Teams Only Friday November 23rd, 2018

Warm Up A) 4:00 pm – 4:30pm B) 4:30pm – 5:00 pm **Start** 5:15 PM

Event #	Event Description	Age Group
1	200 free	All ages - Mixed
2	50 Breast	All ages - Mixed
3	100 Fly	All ages - Mixed
4	50 Free	All ages - Mixed
5	100 Back	All ages - Mixed
6	200 Breast	All ages - Mixed
7	4 X 50 FREE RELAY	All ages - Girls
8	4 X 50 FREE RELAY	All ages - Boys

Session 2 - Mixed - Select Teams Only

Saturday November 24th, 2018

Warm Up A) 7:00 am – 7:30 am B) 7:30 am – 8:00 am **Start** 8:15AM

Event #	Event Description	Age Group
101	200 free	All ages - Mixed
102	50 Breast	All ages - Mixed
103	100 Fly	All ages - Mixed
104	50 Free	All ages - Mixed
105	100 Back	All ages - Mixed
106	200 Breast	All ages - Mixed
107	4 X 50 FREE RELAY	All ages - Girls
108	4 X 50 FREE RELAY	All ages - Boys



Session 3 - Mixed - All Teams Saturday November 24th, 2018

Warm Up A) 1:00 pm – 1:30 pm B) 1:30 pm – 1:00 pm **Start** 2:15 PM

9	400 IM	All ages - Mixed
10	800 Free	All ages - Mixed

Session 4 - Mixed - Select Teams Only Saturday November 24th, 2018

Warm Up A) 4:00 pm – 4:30 pm B) 4:30 pm – 5:00 pm **Start** 5:15 PM

Event #	Event Description	Age Group
11	200 IM	All ages - Mixed
12	50 Back	All ages - Mixed
13	100 Free	All ages - Mixed
14	200 Back	All ages - Mixed
15	50 Fly	All ages - Mixed
16	100 Breast	All ages - Mixed
17	400 Free	All ages - Mixed
18	4 x 50 MEDLEY RELAY	All ages - Boys
19	4 x 50 MEDLEY RELAY	All ages - Girls



Session 5- Mixed - Select Teams Only

Sunday November 26th, 2018

Warm Up A) 8:30 am – 9:00 am B) 9:00 am – 9:30 am Start 9:45 AM

Event #	Event Description	Age Group
111	200 IM	All ages - Mixed
112	50 Back	All ages - Mixed
113	100 Free	All ages - Mixed
114	200 Back	All ages - Mixed
115	50 Fly	All ages - Mixed
116	100 Breast	All ages - Mixed
117	400 Free	All ages - Mixed
118	4 x 50 MEDLEY RELAY	All ages - Boys
119	4 x 50 MEDLEY RELAY	All ages - Girls

Accommodation Recommendations

Ramada Hotel & Conference Centre	805 Brookdale Avenue Cornwall, ON K6J 4P3 613-933-8000 www.cornwallramada.com
Comfort Inn	1625 Vincent Massey Drive Cornwall, ON 613-937-0111
Best Western PLUS Parkway Inn	1515 Vincent Massey Drive Cornwall, ON 613-932-0451
Facility:	6-lane 25-Metre pool with Colorado Electronic Timing