GO ☆ Kingfish

Fall Invite

2018

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Dates:	Nov 3-4, 2018
Meet Manager:	Sue McLennan, Tel: 613-355-9872, E-mail: meetmanager@gokingfish.ca Karen Hogan, Tel: 613-325-5735, Email: president@gokingfish.ca
Competition Coordinator:	Terry Rathwell – Level 4, E-mail: shelterrathwell@storm.ca
Meet package:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca.
Location:	University of Ottawa Pool, Montpetit Hall, Ottawa, Ontario
Facility:	The University of Ottawa Pool is an eight lane 50m pool. This meet will be single ended and will be using the deep end. The shallow end will be available for continuous warm-up / cool down during the meet. There is a large spectator gallery for viewing.
Description:	Short Course - Open/Timed Finals. All events will be swum Mixed Gender (except for relays) with results separated by gender and age groups.
Competition Rules:	Sanctioned by Swim Ontario. All current Swimming/Natation Canada (SNC) rules will be followed. All swimmers participating in a provincially sanctioned meets shall be required to comply with swimwear rule GR 5. Click HERE to view full details. Advanced notification for exemption or for clarification of the rule please see the Competition Coordinator. Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed HERE.
Dive Starts:	Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 in the deep end only. The shallow end will be available for continuous warm-up/cool-down during the meet.
Records:	Swim times achieved at this competition will NOT be used for applications of provincial and national records
Age:	Swimmers age is as of the 3rd of November, 2018 (the first day of the meet).
Mixed Gender:	GO Kingfish Meet Management seeks an exemption from the requirement to swim events in gender separated events, on the following basis: *Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.* Meet Management recognizes the following Swim Canada rule: *Any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.* Results will be posted separately by the gender of swimmers.

Time Standards: None

Eligibility: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA.   A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

This is an invitational meet. Participation of this meet is at the full discretion of the host club. Foreign competitors are welcome, subject to the provisions below.

Foreign Competitors: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.
All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the Proof of Residence and Registration Status form to Swim Ontario no later than 7 days prior to start of competition.

Cost: Individual Events $9.00
Relay Events $9.00

Please enclose payment with your entries and make cheque payable to: "**Greater Ottawa Kingfish Swim Club**".

Entries: Entries will be accepted on a first come first serve basis. All entries must be in Hy-tek format and submitted through the SNC online entries system at www.swimming.ca. Entry times must be in short course format, entry times will not be converted. No entries will be accepted directly by meet management.

Changes to entries will not be accepted after 10pm Oct 26, 2018.

Entries must be submitted using provable times, recorded during the qualifying period. Swimmers with provable times recorded during the qualifying period must submit those times and not enter swimmers with "NT".

Out of Province All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All Swim Ontario procedures with regards to out of province/country clubs will be followed.

Entry Deadline: **Entry deadline is 10pm, Oct 26 , 2018.**

Sessions:

Session	Age	Warm-up	Start	Events
1 Saturday	12 and under	7:30-8:10 AM	8:15 AM	01-10
2 Saturday	13 and over	12:30-1:10 PM	1:15 PM	11-20
3 Sunday	12 and under	7:30-8:10 AM	8:15 AM	21-30
4 Sunday	13 and over	12:30-1:10 PM	1:15 PM	31-40

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Events:	Swimmers may swim a maximum of **3 individual events and 1 relay event per session for a total of 8 events for the weekend.** The Meet Manager reserves the right to adjust events to ensure the session can be run on time. The 400 Free may be doubled up and/or entries may be restricted in the 400 IM to allow the session to fall within the allowed timelines.
Relay Events:	<mark>Each participating club can enter a maximum of 2 relay teams per age group per session per gender.</mark> (example: max 2 teams for 10 and under female, max 2 teams for 10 and under male, max two teams for 11-12 female, etc).
Deck Entries:	Deck entries will not be allowed.
Seeding:	Events will be seeded slowest to fastest.
Time Splits:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. Please complete the official time split request form provided by Meet Management.
Scratches:	All scratches must be submitted to the Clerk of Course 30 minutes prior to the start of the session.
Results:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca.
Live Results:	Will be available on Meet Mobile and online on the GO Kingfish site.
Psych Sheet:	Will be available on the GO Kingfish website.
Awards:	Ribbons will be awarded: Individual 1st –8th Relay 1st-3rd

Final results/awards will be divided into the following age groups for individual and relay events:

10 and under	Female & Male
11/12	Female & Male
13/14	Female & Male
15/16	Female & Male
17 and over	Female & Male

Scoring:	Individuals points 9-7-6-5-4-3-2-1. Relay points 18-14-12-10-8-6-4-2
Officials and Volunteers:	It would be appreciated if visiting clubs could assist with the officiating of the meet. Officials can volunteer at https://gokingfish.ca/external_volunteer/ Officials contact: officials@gokingfish.ca
Warm up Procedures:	The meet manager reserves the right to split warm up as required. SNC warm up procedures will be in effect at this meet.
Coach Registration:	Meet management will cross reference the list of coaches in attendance at this competition with the Swim Ontario Compliancy lists. If a coach is not on this list, meet management is obligated to

enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Food: A canteen will be open for swimmers and families to purchase items. Hospitality will be available to the coaches and volunteers (officials and volunteers room). For out-of-town clubs, the cafeteria at uOttawa (located next to the pool) is very chaperon friendly.

Safety & Liability: Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

Recording of Event: Cameras and recording devices will not be allowed on deck, or in the vicinity of the locker room area at any time during the meet without prior approval from the Meet Manager and the Meet Referee. Team photographers must check in with the meet manager prior to the start of the session and obtain a photographer pass prior to being on deck.

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Saturday, Nov 3, 2018

Warm ups: 7:30-8:10AM   Start Time: 8:15 AM

Event #	Event Description	Age
1	200 (4x50) IM Relay FEMALE	12 and under
2	200 (4x50) IM Relay MALE	12 and under
3	200 Free MIXED	12 and under
4	50 Back MIXED	12 and under
5	100 Fly MIXED	12 and under
6	200 Back MIXED	12 and under
7	100 Breast MIXED	12 and under
8	50 Free MIXED	12 and under
9	100 IM MIXED	12 and under
10	400 IM	12 and under

Session 2

Warm up: 12:30-1:10 PM   Start Time: 1:15 PM

Event #	Event Description	Age
11	200 (4x50) IM Relay FEMALE	13 and over
12	200 (4x50) IM Relay MALE	13 and over
13	200 Free	13 and over
14	50 Back	13 and over
15	100 Fly	13 and over
16	200 Back	13 and over
17	100 Breast	13 and over
18	50 Free	13 and over
19	100 IM	13 and over
20	400 IM	13 and over

Sunday, November 4, 2018

Session 3

Warm up: 7:30-8:10 AM   Start Time: 8:15 AM

Event #	Event Description	Age
21	200 (4x50) Free Relay FEMALE	12 and under
22	200 (4x50) Free Relay MALE	12 and under
23	200 IM	12 and under
24	50 Fly	12 and under
25	200 Breast	12 and under
26	200 Fly	12 and under
27	100 Free	12 and under
28	50 Breast	12 and under
29	100 Back	12 and under
30	400 Free	12 and under

Session 4

Warm up: 12:30-1:10 PM   Start Time: 1:15 PM

Event #	Event Description	Age
31	200 (4x50) Free Relay FEMALE	13 and over
32	200 (4x50) Free Relay MALE	13 and over
33	200 IM	13 and over
34	50 Fly	13 and over
35	200 Breast	13 and over
36	200 Fly	13 and over
37	100 Free	13 and over
38	50 Breast	13 and over
39	100 Back	13 and over
40	400 Free	13 and over