



Alex Baumann Invitational

Markham

November 23-24-25, 2018

Meet Information

The following is the information regarding the **Alex Baumann Invite: Markham to be held November 23-24-25, 2018**. Any swimmers eligible to swim in this competition are listed on the 'Meet Group Eligibility' page of this package. All eligible swimmers will NOT be entered in the meet unless your consent form is returned identifying what your intentions are by **October 29, 2018; An email is the preferred method.**

This meet is considered and OUT OF TOWN thus requiring you to fill out your consent (or send email) form and return is to your respective coach by the deadline indicated.

TEAM TRAVEL: includes all or nothing. This means that if team travel is chosen, you will bus with the team, sleep with the team (3-4 per room depending on age) and follow the team itinerary. All costs associated with Team travel are divided by the swimmers attending (travel/lodging/chaperon expenses). Swimmers will plan accordingly for their own food money (Usually \$15.00 per meal). Once the rejection deadline has passed, entries will immediately be submitted to the event and the swimmer and/or family is responsible for all fees associated with the meet. Itinerary will be distributed one week prior to meet starting date. Go Kingfish strive for a ratio of 1 chaperon/adult for every 10-15 swimmers.

Please contact the office if you have any questions regarding team travel (562 5800 ext. 2290)

ENTRY FEES: The swimmer/family is responsible for their fees regardless whether the swimmer attends the meet after the consent forms are returned indicating attending. The club pays the fees in advance on behalf of the swimmer. This is an Out of Town meet, and all fees owing will be disturbed to you one week prior to the

Consent Form for the Alex Baumann Invite: Markham Meet Due:

October 29, 2018

Alex Baumann Invite- Markham Index

Topic	Page
Meet Goals	2
Meet Information	2
Tentative Team Itinerary	3
Eligible Swimmers	4
Meet Consent Ballet	5



Meet Information

Alex Baumann Invitational-Markham

MEET GOALS: This is our first exam of the year and it is time to **swim fast!!** Apply great stroke technique, race strategies, turns, and starts (STREAMLINE); Must do designated fly kicks of each wall on Fly/Bk/Free; Strive to achieve LIFE TIME BEST!!!; Qualify for other Championship Meets; Show Kingfish spirit and **HAVE SOME FUN!!**

Location: Markham Pan-AM Pool
16 Main Street
Unionville, ON

Hotel: Holiday Inn Express
10 East Pearce Street,
Richmond Hill ON L4B 0A8
(905) 695-5990

Sessions:	Sessions:	Warm-up	Start	Age
	1	4:00pm	5:00pm	All
	2	7:00am	8:00am	13 and over
	3	12:15pm	1:00pm	12 and under
	<u>4-Finals</u>	5:00pm	6:00pm	13/over
	5	8:00am	8:45pm	12 and under
	6	12:00pm	1:00pm	13/over

Top 10 swimmers will swim finales on Saturday night for 13 and over swimmers
Must arrive 15 minutes before designated warm up times and check in with your coach

Eligibility: Listed swimmers on the last page are eligible for this meet. All consent forms and must be returned to your respective coach by **October 29, 2018**.
Any received after this date will not be entered into the meet.

Age: Swimmers age-first day of meet. Age groups are as follows: 11, 12, 13/14, 15 and Over

Events: Maximum of 7 individual events for the weekend.

Cost: All associated costs will be billed to your account one week after the meet for payment. Please review your Go information booklet for out of town meet procedures regarding billing:

- Individual Events: \$11.50(200/under events)
\$13.00(400 Free/IM)
\$16.00 800/1500 free
- Go Surcharge: \$5.00
- Team Travel (approx. Costing) \$415.00-assuming 45 swimmers traveling with team

Food/Drinks: Please make sure you pack yourselves healthy snacks/water/Juice and always have your water bottle with you. Please consult your swim meet guide to see what we suggest that you have with you.

Team Apparel: Go team shirts, and other clothing are always required while on deck. No other clothing is permitted. We attend meets as a team, and are going to present ourselves as a team.



Team Itinerary

Transportation Information -Bus

- Pick Up and Drop off will be @ Sandy Hill Arena 60 Mann Ave, Ottawa
- Pick Up: Friday November 25 @ 8:30am
- Drop Off: Sunday November 27- Late-(Approximately 9:30pm)
- Parents will be called once we leave the swim meet Sunday PM, and then again one hour before our arrival at the Sandy Hill Arena

Friday November 23, 2018

8:30am	Leave for Markham
11:30pm	Bathroom Break/Stop to Eat
2:00pm	Checking at the Hotel
3:15pm	Leave for Pool
4:00pm	In water for warm ups
5:00pm	Meet Starts
8:00pm	Leave pool and proceed to eat
9:15pm	IN own rooms getting ready for bed

Saturday November 24, 2018

13 and Over

6:00am	Wake up/Breakfast
6:30am	Leave for pool
7:00am	In water for warm ups
8:00am	Meet Starts
12:00pm	Return to hotel for Lunch/Rest
4:30 pm	Leave for pool
5:00pm	In-water for Warm ups
6:00pm	Finals Start
8:30pm	Leave for hotel/dinner
10:00pm	In-own rooms/Lights out

12 and Under

8:30am	Wake up/Breakfast
11:00am	Leave for pool and have
Lunch	
12:00pm	In-water for Warm ups
5:00pm	Return to Hotel
6:00pm	Eat dinner
8:30pm	In own room getting ready
for bed	

Sunday November 25, 2018

13 and Over

8:30am	Wake up/Breakfast
11:30am	Leave for pool-Pack Bus
12:00pm	In water for warm ups
1:00pm	Meet Starts
4:30pm	Pizza @ Pool
4:45pm	Depart for Home
9:30pm	Arrive Home

12 and Under

6:00am	Wake up/Breakfast
6:30am	Leave for pool
7:00am	In water for warm ups
8:00am	Meet Starts
12:00pm	Eat Lunch/Rest-Homework
4:30pm	Pizza @ Pool-Depart
9:30pm	Arrive Home



Eligible Swimmers/Groups

- This meet is designated for All 11 and over swimmer in the Youth and Senior Groups.
- Please contact your respective coach if you have any questions
- The following are the swimmers that are eligible for the Alex Baumann Invitational

GO Perform Group Eligible Swimmers:

- All swimmers are Eligible
- Please contact Jason Allen if you have any questions

Senior Kingfish Group Eligible Swimmers:

- All Swimmers Eligible
- Please contact Tom Langridge if you have any questions

Youth Group Eligible Swimmers:

- All Swimmers Eligible
- Please contact Simon St. Pierre if you have any questions

Senior Blue Group Eligible Swimmers:

- All Swimmers Eligible
- Please contact Alex Lorrain if you have any questions



**Greater Ottawa Kingfish Swim Club
Team Travel/Acceptance to Meet/ Rejection Notice**

Meet Name: Alex Baumann INVTE: Markham
Date: November 23-24-25, 2018

The club, through the Board and coaching staff has set in place a travel policy that **encourages ALL 13/over** team members to team travel to designated away meet. Please understand that we as a team designate only a few meets per year to allow team travel. The coaching staff strongly recommends that all 13/overs swimmers take advantage of these team building meets. Go kingfish strive for a ratio of 1 chaperon/adult for every 10-15 swimmers. This meet will allow 12/under to do Team Travel

We must have all consent forms returned by October 29, 2018 for your swimmer to be entered in the meet and to designate their travel preference.

An itinerary will be distributed to all team travel members approximately one week prior to the meet with specific details regarding ALEX BAUMANN INVITE. Once consent is given, the entries are done, the cost is then calculated, and the swimmer and/or family are responsible for the cost of the trip. Costs will be charged to your account.

Swimmers Name:

ALL FORMS MUST BE RETURNED BY October 29, 2018

- Permission is given** for my swimmer to attend the Alex Baumann Invite and WILL BE traveling to the competition via Team Travel
- Permission is given** for my swimmer to attend the Alex Baumann Invite and WILL NOT be Traveling to the competition via Team Travel. We understand that it is our responsibility to Provide all necessary transportation/lodging needs for our own swimmer
- Permission is NOT GIVEN** to attend Alex Baumann Invite and should NOT be entered into the meet.

Indicate any medical problems the swimmer's coach should be aware of:

Signature of parent/guardian _____

Date _____



CODE OF CONDUCT

Swimmers Must review with Parents prior to participating in Team Travel

In a successful team situation, swimmers must be willing to modify certain lifestyles and privileges and conform to team guidelines to achieve the best possible performance results.

1. Swimmer should conduct themselves in a sportsmanlike manner and respect fellow swimmers, coaches, chaperones, and officials. Act in a manner that brings credit to your family, your club and yourself.
2. Behave morally, dress respectably, and use only acceptable language.
3. Swimmers must respect others' needs for sleep, quiet and safety.
4. Swimmers must be punctual for all team meetings, transportation to and from the event, workouts or meet warm-ups.
5. Swimmers must comply with training, traveling, competition curfew and behavior regulations as set out by coaches/chaperones.
6. Hotel room doors must be left slightly ajar when visited by anyone other than the occupants. Persons from outside GO must have permission of coach/chaperon before visiting GO swimmers. All visiting between assigned rooms is always at the discretion of the coach/chaperon.
7. Swimmers must request coach/chaperone permission to leave the team for **any** period/reason.
8. Swimmers must wear team apparel and have all training and racing equipment prepared and ready to use
9. Any damage in a hotel, pool or any other facility used by GO as well as any expenses associated with the telephone, movie rentals, room service is the responsibility of the swimmer and/or family. Any expenses associated with the telephone, movie rentals, room service etc.
10. There will be no use/possession of any alcohol, tobacco or drugs in any form.

Any contravention of the above will be dealt with by the Greater Ottawa Kingfish Swim Club through its representatives and may result in the following:

1. Suspension from practice/competition for duration of practice/meet.
2. Suspension from training/competition/team outings until further notice.
3. Swimmer sent home at family expense.
4. Suspension from club until further notice.
5. Expulsion from club.

In every case the coaching staff may use discretion in a situation. Any of the above measures will be reviewed by the Head Coach at the following practice or return of team to Ottawa.

Objection to measures taken by staff, can be made through a letter to the president, by the swimmer and his/her family, which will be discussed at the next scheduled board meeting.