

GO  ***Kingfish***

**GEE GEES INVITATIONAL
2018**



uOttawa

Natation | Swimming

February 24-February 25, 2018



- Dates:** Feb 24-25, 2018
- Competition Coordinator:** Erik Apedaile – Level 5
- Meet Manager:** Randy Byers - Tel: 613-371-1399, E-mail: meetmanager@gokingfish.ca
- Meet package:** The only meet package which will be considered as valid must be the most current version found on <https://www.swimming.ca/>.
- Competition Rules:** Sanctioned by Swim Ontario.
All current Swimming/Natation Canada (SNC) rules will be followed.
- Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. The full document can be viewed [HERE](#).
- For club and provincial meets, a swimsuit that covers more of the body such as modesty swimwear or religious cover-ups is permitted providing that the fabric is permeable open mesh textile material and does not give the swimmer an advantage. The full interpretation can be viewed [HERE](#).
Advanced notification or for clarification of interpretation please see the Competition Coordinator.
- Location:** University of Ottawa Pool, Montpetit Hall, Ottawa, Ontario
- Facility:** The University of Ottawa Pool is an eight lane 50 M pool. There is a large spectator gallery for viewing.
- Meet format:** Long Course - Open/Timed Finals. All events (except 800free, 1500free, and relays) will be swum separate gender with results separated by gender and age groups.
- Mixed Gender:** GO Kingfish Meet Management seeks an exemption from the requirement to swim events in gender separated events, on the following basis:
Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender
- Meet Management recognizes the following Swim Canada rule:
Any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.
- Results will be posted separately by the gender of swimmers.



Mixed Relays: A mixed relay must have 2 girls and 2 boys. No other combination is allowed. The first leg of a relay is not an official time. Requests for official splits are not allowed for mixed relays.

Time Standards: None

Eligibility: All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry.

Entries: Entries will be accepted on a first come first serve basis. All entries must be in Hy-tek format and submitted through the SNC online entries system at www.swimming.ca. Entry times must be in short course format, entry times will not be converted. No entries will be accepted directly by meet management.

Out of Province: All Clubs must be FINA affiliated and provide swimmer registration numbers with entries. All Swim Ontario procedures with regards to out of province/country clubs will be followed.

Foreign Competitors: All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body.
All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

Age: Swimmers age is as of February 24th, 2018 (the first day of the meet).

Entry Deadline: **Entry deadline is 10pm, February 16th, 2018.**

Cost: Individual Events \$9.00
Relay Events \$9.00

Please enclose payment with your entries and make cheque payable to: "**Greater Ottawa Kingfish Swim Club**"

| Sessions: | <u>Session</u> | <u>Age</u> | <u>Warm-up</u> | <u>Start</u> | <u>Events</u> |
|------------------|-----------------------|-------------------|-----------------------|---------------------|----------------------|
| | 1 Saturday | 12 and under | 7:20-7:55 AM | 8:00 AM | 01-18 |
| | 2 Saturday | 13 and over | 1:00-1:30 PM | 1:35 PM | 19-36 |
| | 3 Sunday | 12 and under | 7:20-7:55 AM | 8:00 AM | 37-51 |
| | 4 Sunday | 13 and over | 1:00-1:30 PM | 1:35 PM | 52-67 |



- Events:** Swimmers may swim a maximum of **3 individual events per session** and a maximum of **1 relay event per session** or a total of **8 events for the weekend**.
- The 800 free (mixed) events will be limited to 2 heats each. Both heats will be doubled up if necessary (max 32 swimmers). Only the 32 swimmers with the fastest seed times will be permitted to swim. Seed times must be verifiable on the SNC website.
- The 1500 free (mixed) events will be limited to 1 heat each. The heat will be doubled up if necessary (max 16 swimmers). Only the 16 swimmers with the fastest seed times will be permitted to swim. Seed times must be verifiable on the SNC website.
- To ensure each session can fall within the allowed timelines, Meet Management reserves the right to adjust events to ensure the session can be run on time.
- Relay Events:** **Each participating club can enter a maximum of 2 relay teams per event.**
- Deck Entries** Deck entries will not be allowed.
- Seeding:** All events will be seeded slowest to fastest, except for 800 and 1500 free which will be seeded fastest to slowest.
- Time Splits:** Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question. Please complete the official time split request form provided by Meet Management.
- Scratches:** All scratches must be submitted to the Clerk of Course 30 minutes prior to the start of the session.
- Results:** Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca.
- Live Results** Will be available on Meet Mobile and online on the GO Kingfish site.
- Psych Sheets:** Will be available on the GO Kingfish website.



Awards: Ribbons will be awarded: Individual 1st - 8th Relay 1st-3rd

Final results/awards will be divided into the following age groups for all events:

| | |
|--------------|---------------|
| 10 and under | Female & Male |
| 11/12 | Female & Male |
| 13/14 | Female & Male |
| 15/16 | Female & Male |
| 17 and over | Female & Male |

Scoring: Individuals points 9-7-6-5-4-3-2-1 Relay points 18-14-12-10-8-6-4-2

Officials and Volunteers: It would be appreciated if visiting clubs could assist with the officiating of the meet. Officials can volunteer at https://gokingfish.ca/external_volunteer/

Officials contact: officials@gokingfish.ca

Warm up Procedures: The meet manager reserves the right to split warm up as required. SNC warm up procedures will be in effect at this meet.

Coach Registration: Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

Food: A canteen will be open for swimmers and families to purchase items. Hospitality will be available to the coaches and volunteers (officials and volunteers room).

Safety & Liability: Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck.

Recording of Event: Cameras and recording devices will not be allowed on deck, or in the vicinity of the locker room area at any time during the meet without prior approval from the Meet Manager and the Meet Referee. Team photographers must check in with the meet manager prior to the start of the session and obtain a photographer pass prior to being on deck.



Saturday, February 24

Session 1

Warm up: 7:20 AM

Start Time: 8:00 AM

| Event # | Female | Event Description | Male | Event # |
|---------|--------------|---|--------------|---------|
| 1 | | MIXED GENDER 4x100 Free Relay, 12 and under | | |
| 2 | 12 and under | 200 Free | 12 and under | 3 |
| 4 | 12 and under | 100 Breast | 12 and under | 5 |
| 6 | 12 and under | 50 Fly | 12 and under | 7 |
| 8 | 12 and under | 200 Back | 12 and under | 9 |
| 10 | 12 and under | 50 Free | 12 and under | 11 |
| 12 | 12 and under | 200 Fly | 12 and under | 13 |
| 14 | 12 and under | 50 Back | 12 and under | 15 |
| 16 | 12 and under | 400 IM | 12 and under | 17 |
| 18 | | MIXED GENDER 800 Free 12 and under | | |

Saturday, February 24

Session 2

Warm up: 1:00 PM

Start Time: 1:35 PM

| Event # | Female | Event Description | Male | Event # |
|---------|-------------|------------------------------------|-------------|---------|
| 19 | | MIXED GENDER 4x100 Free Relay, 13+ | | |
| 20 | 13 and over | 200 Free | 13 and over | 21 |
| 22 | 13 and over | 100 Breast | 13 and over | 23 |
| 24 | 13 and over | 50 Fly | 13 and over | 25 |
| 26 | 13 and over | 200 Back | 13 and over | 27 |
| 28 | 13 and over | 50 Free | 13 and over | 29 |
| 30 | 13 and over | 200 Fly | 13 and over | 31 |
| 32 | 13 and over | 50 Back | 13 and over | 33 |
| 34 | 13 and over | 400 IM | 13 and over | 35 |
| 36 | | MIXED GENDER 800 Free, 13+ | | |



Sunday, February 25

Session 3

Warm up: 7:20 AM

Start Time: 8:00 AM

| Event # | Female | Event Description | Male | Event # |
|---------|--------------|---|--------------|---------|
| 37 | | MIXED GENDER 4x100 IM Relay, 12 and under | | |
| 38 | 12 and under | 200 IM | 12 and under | 39 |
| 40 | 12 and under | 100 Fly | 12 and under | 41 |
| 42 | 12 and under | 50 Breast | 12 and under | 43 |
| 44 | 12 and under | 100 Free | 12 and under | 45 |
| 46 | 12 and under | 200 Breast | 12 and under | 47 |
| 48 | 12 and under | 100 Back | 12 and under | 49 |
| 50 | 12 and under | 400 Free | 12 and under | 51 |

Sunday, February 25

Session 4

Warm up: 1:00 PM

Start Time: 1:35 PM

| Event # | Female | Event Description | Male | Event # |
|---------|-------------|----------------------------------|-------------|---------|
| 52 | | MIXED GENDER 4x100 IM Relay, 13+ | | |
| 53 | 13 and over | 200 IM | 13 and over | 54 |
| 55 | 13 and over | 100 Fly | 13 and over | 56 |
| 57 | 13 and over | 50 Breast | 13 and over | 58 |
| 59 | 13 and over | 100 Free | 13 and over | 60 |
| 61 | 13 and over | 200 Breast | 13 and over | 62 |
| 63 | 13 and over | 100 Back | 13 and over | 64 |
| 65 | 13 and over | 400 Free | 13 and over | 66 |
| 67 | | MIXED GENDER 1500 Free, 13+ | | |