

50m Freestyle

Rank	Name	Time	Year
1	LACHAPELLE, Edith	26.43	1991
2	BAUMANN, Tabitha	26.73	2010
3	LE, Cattuong	26.75	2013
4	RATHWELL, Regan	26.82	2019
5	APEDAILE, Dorothy	26.92	2011
6	El Danasoury, Laila	27.20	2017
7	SNYDER, Cassia	27.34	2015
8	MCLEAN, Saskia	27.66	2007
9	BELISLE-LECLERC, Tania	27.70	1991
10	BELL, Shannon	27.95	1989
10	ARES, Chantal	28.06	1998
12	PAGE, Natasha	28.07	2015
13	CONGDON, Rae	28.10	2009
14	CONOLLY, Karen	28.17	1987
15	BOLAND, Brigitte	28.19	2012

100m Freestyle

Rank	Name	Time	Year
1	LACHAPELLE, Edith	57.95	1991
2	SNYDER, Cassia	58.12	2015
3	BAUMANN, Tabitha	58.14	2010
4	RATHWELL, Regan	58.37	2019
5	EL DANASOURY, Laila	58.81	2017
6	APEDAILE, Dorothy	59.20	2011
7	LE, Cattuong	59.56	2014
7	BELL, Shannon	59.62	1989
9	CONGDON, Rae	59.62	2009
10	MCLEAN, Saskia	59.71	2008
11	WHITEHEAD, Kayla	1:00.67	2015
12	BENSEBAA, Leticia	1:00.73	2019
13	HATT, Stephanie	1:00.85	1997
14	CORRIVEAU, Emmalina	1:00.87	2005
15	BOUDREAU, Megan	1:00.94	2003

200m Freestyle

Rank	Name	Time	Year
1	BAUMANN, Tabitha	2:03.74	2010
2	ZARINS, Stephanie	2:04.36	1995
3	BELL, Shannon	2:06.36	1989
4	CONGDON, Rae	2:06.86	2009
5	LACHAPELLE, Edith	2:08.14	1991
6	EL DANASOURY, Laila	2:08.64	2017
7	HATT, Stephanie	2:08.79	1998
8	ARNOTT, Neeley	2:09.43	2010
9	TAKER, Madison	2:09.88	2017
10	CORRIVEAU, Emmalina	2:10.17	2005
11	SNYDER, Cassia	2:10.41	2015
12	HEWTON, Shaylyn	2:10.53	2014
13	VESSEY, Kelsea	2:10.68	2014
14	BELAND, Danielle	2:10.82	1999
14	RATHWELL, Regan	2:10.82	2019

400m Freestyle

Rank	Name	Time	Year
1	BAUMANN, Tabitha	4:17.76	2010
2	ZARINS, Stephanie	4:22.46	1995
3	BELL, Shannon	4:26.36	1989
4	GRAVELLE, Julie	4:26.76	1993
5	HATT, Stephanie	4:26.86	1998
6	HEWTON, Shaylyn	4:27.69	2014
7	ARES, Chantal	4:29.18	1998
8	RATHWELL, Regan	4:29.19	2017
9	CONGDON, Rae	4:29.72	2009
10	CORRIVEAU, Emmalina	4:30.33	2006
11	ARNOTT, Neeley	4:30.92	2010
12	FOWLER, Kristin	4:32.63	1988
13	BELAND, Danielle	4:33.20	1999
14	VESSEY, Kelsea	4:33.29	2014
15	ADAMS, Erin	4:35.65	1991
15	SHAW, Laine	4:35.65	1998

800m Freestyle

Rank	Name	Time	Year
1	BAUMANN, Tabitha	8:57.56	2010
2	BELAND, Danielle	9:05.51	1999
3	BELL, Shannon	9:08.16	1989
4	GRAVELLE, Julie	9:10.62	1993
5	ZARINS, Stephanie	9:10.89	1995
6	ARNOTT, Neeley	9:13.02	2010
7	ADAMS, Erin	9:13.68	1992
8	HATT, Stephanie	9:13.98	1998
9	FOWLER, Kristin	9:20.63	1988
10	CORRIVEAU, Emmalina	9:20.67	2006
11	VESSEY, Kelsea	9:20.68	2014
12	KAYE, Kelly	9:23.00	1988
13	SEWELL, Karen	9:23.78	1988
14	HAWES, Bobbi	9:25.34	1986
15	RATHWELL, Regan	9:28.00	2018

1500m Freestyle

Rank	Name	Time	Year
1	BAUMANN, Tabitha	17:25.20	2010
2	RATHWELL, Regan	17:26.40	2019
3	ARNOTT, Neeley	17:32.94	2010
4	CORRIVEAU, Emmalina	17:54.21	2006
5	VESSEY, Kelsea	17:55.91	2014
6	WEISS-REID, Beatrice	18:37.73	2019
7	CONGDON, Rae	18:57.35	2008
8	MARSHALL< Julia	19:08.71	2014
9	WONG, Siena	19:10.36	2016
10	WHITEHEAD, Kayla	19:11.99	2015
11	BOAL, Emma	19:18.74	2012
12	MILES, Hayley	19:20.73	2009
13	MOFFATT, Mia	19:22.10	2006
14	CORRIVEAU, Mieke	19:23.88	2006
15	SHERWOOD, Courtney	19:25.78	2015

50m Backstroke

Rank	Name	Time	Year
1	RATHWELL, Regan	27.92	2019
2	SNYDER, Cassia	30.47	2015
3	THOMAS, Mikayla	30.88	2010
4	HEWTON, Shaylyn	31.04	2014
5	MCLEAN, Saskia	31.96	2008
6	TUNNEY, Julia	32.02	2008
7	WOODS, Kelly	32.18	2008
8	SAVILLE, Renee	32.22	2014
9	TAKER, Madison	32.47	2017
10	PERRON, Kathleen	32.59	2003
11	ARNOTT, Neeley	32.72	2010
12	HOWE, Olivia	32.83	2019
13	KULIK, Barbara	32.88	2015
14	DAHLGREN, Anna	32.97	2014
15	LE, Cattuong	32.98	2014

100m Backstroke

Rank	Name	Time	Year
1	RATHWELL, Regan	1:00.19	2019
2	RAMSDEN, Jennifer	1:05.01	1992
3	SNYDER, Cassia	1:05.36	2016
4	HEWTON, Shaylyn	1:05.73	2014
5	ARNOTT, Neeley	1:06.04	2010
6	CORRIVEAU, Emmalina	1:07.38	2006
7	VESSEY, Kelsea	1:07.68	2014
8	THOMAS, Mikayla	1:07.80	2010
9	LACHAPELLE, Edith	1:07.84	1990
10	MCLEAN, Saskia	1:07.99	2007
11	DAVIDSON, Brigitte	1:08.26	1988
12	TUNNEY, Julia	1:08.35	2007
13	BELL, Shannon	1:08.46	1989
14	HAYLEY, Courtney	1:08.48	1992
15	ARES, Chantal	1:08.95	1998

200m Backstroke

Rank	Name	Time	Year
1	RATHWELL, Regan	2:10.16	2019
2	HEWTON, Shaylyn	2:17.55	2014
3	ARNOTT, Neeley	2:17.94	2010
4	RAMSDEN, Jennifer	2:20.00	1992
5	SNYDER, Cassia	2:21.43	2015
6	CORRIVEAU, Emmalina	2:21.44	2006
7	FOWLER, Kristin	2:22.36	1988
8	ZARINS, Stephanie	2:23.11	1994
9	VESSEY, Kelsea	2:24.57	2014
10	ARES, Chantal	2:24.61	1998
11	ARNOTT, Hallie	2:24.73	2010
12	DAVIDSON, Brigitte	2:26.29	1988
13	HAYLEY, Courtney	2:26.36	1992
14	LACHAPELLE, Edith	2:26.38	1991
15	MCLEAN, Saskia	2:26.79	2008

50m Breaststroke			
Rank	Name	Time	Year
1	LE, Cattuong	33.91	2014
2	RATHWELL, Regan	34.40	2019
3	BAUMANN, Tabitha	34.48	2010
4	PHILPOTTS, Hannah	35.76	2014
5	WHITEHEAD, Kayla	36.26	2014
6	DENG, Mirella	36.45	2015
7	OGILVIE, Lucy	36.62	2008
8	BOUDREAU, Megan	36.80	2003
9	BRACQ, Laurence	36.99	2018
10	COOK, Stephanie	37.29	2007
11	HEWTON, Shaylyn	37.90	2014
12	MOFFATT, Mia	38.03	2007
13	MACDONALD, Stacey	38.09	2003
13	HAUSMAN, Rachel	38.44	2013
15	DYE, Emma	38.45	2008

100m Breaststroke			
Rank	Name	Time	Year
1	RATHWELL, Regan	1:13.52	2018
2	KAYE, Kelly	1:14.82	1989
3	BELISLE-LECLERC, Tania	1:14.85	1992
4	LE, Cattuong	1:16.17	2013
5	WHITEHEAD, Kayla	1:16.38	2015
6	PHILPOTTS, Hannah	1:16.90	2014
7	BOUDREAU, Megan	1:17.00	2003
8	SALVADOR, Roselyn	1:17.34	1988
9	DENG, Mirella	1:17.86	2015
10	RATCLIFFE, Katharine	1:18.24	1986
11	OGILVIE, Lucy	1:18.57	2008
12	BELAND, Danielle	1:18.64	1998
13	ZARINS, Stephanie	1:18.73	1994
14	VESSEY, Kelsea	1:18.79	2013
15	BLACKBURN, Lisa	1:19.11	1987

200m Breaststroke			
Rank	Name	Time	Year
1	KAYE, Kelly	2:38.10	1989
2	RATHWELL, Regan	2:38.37	2019
3	BELISLE-LECLERC, Tania	2:39.56	1992
4	ZARINS, Stephanie	2:42.86	1995
5	BAUMANN, Tabitha	2:42.99	2010
6	KIMBER, Kathryn	2:45.13	1990
7	WHITEHEAD, Kayla	2:45.55	2015
8	BOUDREAU, Megan	2:46.08	2003
9	VESSEY, Kelsea	2:46.16	2013
10	RATCLIFFE, Katharine	2:46.45	1986
11	LE, Cattuong	2:46.84	2013
12	THORPE, Leanne	2:47.63	1987
13	SALVADOR, Roselyn	2:47.73	1988
14	DENG, Mirella	2:47.87	2015
15	PHILPOTTS, Hannah	2:48.00	2014

50m Butterfly			
Rank	Name	Time	Year
1	RATHWELL, Regan	29.07	2019
2	LE, Cattuong	29.33	2013
3	SNYDER, Cassia	29.44	2016
4	EL DANASOURY, Laila	30.00	2018
5	TAKER, Madison	30.03	2017
6	BOLAND, Brigitte	30.26	2012
7	SHERWOOD, Courtney	30.30	2014
8	CONGDON, Rae	30.37	2009
9	MCLEAN, Saskia	30.64	2008
10	WHITEHEAD, Kayla	30.72	2015
11	BURKE, Charlotte	30.74	2016
12	APEDAILE, Dorothy	30.91	2011
13	CROTEAU, Tiffany	30.99	2009
14	AUSTER, Katharina	31.10	2014
15	COOK, Stephanie	31.12	2007

100m Butterfly			
Rank	Name	Time	Year
1	RATHWELL, Regan	1:03.40	2019
2	ADAMS, Erin	1:04.61	1992
3	BELAND, Danielle	1:04.93	1998
4	BELISLE-LECLERC, Tania	1:04.97	1992
5	KIMBER, Kathryn	1:05.07	1990
6	TAKER, Madison	1:05.25	2017
7	SNYDER, Cassia	1:05.55	2016
8	SHERWOOD, Courtney	1:05.56	2015
9	EL DANASOURY, Laila	1:05.84	2018
10	LE, Cattuong	1:06.34	2013
11	VESSEY, Kelsea	1:06.50	2014
12	FOWLER, Kristin	1:06.67	1988
13	BURKE, Charlotte	1:06.78	2016
14	WHITEHEAD, Kayla	1:06.87	2015
15	SEWELL, Karen	1:07.07	1988

200m Butterfly			
Rank	Name	Time	Year
1	PILON, Josse	2:17.69	1980
2	KIMBER, Kathryn	2:18.36	1990
3	BELAND, Danielle	2:20.80	1999
4	RAMSDEN, Jennifer	2:20.89	1992
5	ADAMS, Erin	2:20.91	1992
6	SEWELL, Karen	2:22.32	1988
7	RATHWELL, Regan	2:23.35	2019
8	TAKER, Madison	2:23.62	2017
9	HAWES, Bobbi	2:24.36	1985
10	SHERWOOD, Courtney	2:24.78	2015
11	GRAVELLE, Julie	2:25.38	1994
12	SEWELL, Susan	2:25.49	1990
13	BURKE, Charlotte	2:25.86	2016
14	VESSEY, Kelsea	2:26.52	2013
15	FOWLER, Kristin	2:26.79	1988

100m Individual Medley			
Rank	Name	Time	Year
1	RATHWELL, Regan	1:06.19	2018
2	OGILVIE, Lucy	1:10.96	2008
3	BENSEBAA, Leticica	1:11.91	2018
4	SHARKEY, Bryna	1:12.04	2013
5	DENG, Mirella	1:12.36	2015
6	SHERWOOD, Courtney	1:12.80	2015
7	SNYDER, Cassia	1:12.88	2015
8	HEWTON, Shaylyn	1:12.94	2014
9	BAUMANN, Tabitha	1:13.40	2008
10	VESSEY, Kelsea	1:13.94	2013
11	Weiss-Reid, Beatrice	1:14.28	2019
12	Cook, Stephanie	1:14.61	2007
13	LE, Cattuong	1:15.07	2014
14	EL DANASOURY, Laila	1:15.13	2017
15	WHITEHEAD, Kayla	1:15.20	2015

200m Individual Medley			
Rank	Name	Time	Year
1	RATHWELL, Regan	2:17.76	2019
2	BELISLE-LECLERC, Tania	2:21.26	1992
3	BAUMANN, Tabitha	2:22.03	2010
4	ZARINS, Stephanie	2:22.12	1995
5	ARNOTT, Neeley	2:24.82	2010
6	BELL, Shannon	2:25.07	1989
7	SNYDER, Cassia	2:25.30	2016
8	WHITEHEAD, Kayla	2:25.37	2015
9	LACHAPPELLE, Edith	2:25.67	1991
10	VESSEY, Kelsea	2:26.48	2013
11	THORPE, Leanne	2:27.08	1988
12	HEWTON, Shaylyn	2:27.16	2014
13	FOWLER, Kristin	2:27.22	1988
14	KAYE, Kelly	2:27.38	1988
15	ADAMS, Erin	2:27.59	1992

400m Individual Medley			
Rank	Name	Time	Year
1	RATHWELL, Regan	4:53.17	2019
2	BELISLE-LECLERC, Tania	4:55.00	1992
3	BAUMANN, Tabitha	4:55.07	2010
4	ZARINS, Stephanie	4:57.46	1995
5	ADAMS, Erin	5:05.11	1992
6	THORPE, Leanne	5:05.44	1988
7	FOWLER, Kristin	5:05.64	1988
8	VESSEY, Kelsea	5:08.35	2014
9	KIMBER, Kathryn	5:08.46	1990
10	HAWES, Bobbi	5:08.58	1986
11	ARNOTT, Neeley	5:11.02	2010
12	BELAND, Danielle	5:12.71	1999
13	LAYCOCK, Katy	5:12.83	1987
14	LACHAPPELLE, Edith	5:13.73	1991
15	WHITEHEAD, Kayla	5:15.83	2016

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