



**Let's GO Swim • GO Junior Kingfish Program
Fall 2018 Session • Francois Dupuis Recreational Center**

The following are important dates to be aware of:

September

22 First Saturday Practice at Francois Dupuis

October

14 Withdraw deadline by 9pm

November

12 Winter 2019 Early Registration Opens for Returning Swimmers

December

1 Let's GO Swim Fun Meet @ uOttawa

15 Last Saturday Practice at Francois Dupuis

Let's GO Swim • GO Junior Kingfish Program
Fall 2018 Practice Schedule • Francois Dupuis Recreational Center

September

Junior Coordinator: Audrey Rivest		Email: junior@gokingfish.ca			gokingfish.ca	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
First Week Back in The Water					6:30-7:30am 7:30-8:30am FDRC	
24	25	26	27	28	29	30
					6:30-7:30am 7:30-8:30am FDRC	

October

Junior Coordinator: Audrey Rivest Email: junior@gokingfish.ca gokingfish.ca						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6	7
					6:30-7:30am 7:30-8:30am FDRC	
8	9	10	11	12	13	14
Happy Thanksgiving 					6:30-7:30am 7:30-8:30am FDRC	Withdraw Deadline by 9pm
15	16	17	18	19	20	21
					6:30-7:30am 7:30-8:30am FDRC	
22	23	24	25	26	27	28
					6:30-7:30am 7:30-8:30am FDRC	
29	30	31				
		Happy Halloween 				

November

Junior Coordinator: Audrey Rivest		Email: junior@gokingfish.ca			gokingfish.ca	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
					6:30-7:30am 7:30-8:30am FDRC	
5	6	7	8	9	10	11
					6:30-7:30am 7:30-8:30am FDRC	
12	13	14	15	16	17	18
Winter 2018 Pre-Registration Opens					6:30-7:30am 7:30-8:30am FDRC	
19	20	21	22	23	24	25
					6:30-7:30am 7:30-8:30am FDRC	
26	27	28	29	30		

December

Junior Coordinator: Audrey Rivest		Email: junior@gokingfish.ca			gokingfish.ca	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
					Let's GO Swim Fun Meet @ uOttawa	
3	4	5	6	7	8	9
					6:30-7:30am 7:30-8:30am FDRC	
10	11	12	13	14	15	16
Last Week in The Water					6:30-7:30am 7:30-8:30am FDRC	