



Christmas Training: Senior Orange

Coach: Jason Allen		senior @gokingfish.ca		Website: gokingfish.ca		
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			22	23	24	25
			4:00-6:00pm uOttawa Last day @ uOttawa	No Practice	No Practice	 Merry Christmas and Happy Holidays
26	27	28	29	30	31	1
No Practice	9:00-11:00am Gatineau	2:30-5:00pm Gatineau	2:30-5:00pm Gatineau	9:00-11:00am Gatineau	No Practice	Happy New Years!
2	3	4				
No Practice	No Practice	Back to normal Schedule				