

# GO INDIVIDUAL SHORT COURSE RECORDS

EVENT	10 AND UNDER		11 AND 12		13 AND 14		15 AND 17		OPEN	
50 FR	GRACIE CYR 31.86 2016	KEATON ZHOU 31.41 2017	REGAN RATHWELL 27.40 2017	JOHN M MILLS 25.28 1993	EDITH LACHAPELLE 26.43 1991	<b>FANGHE FU</b> <b>24.51 2017</b>	ERIKA SELTENREICH-HODGSON 25.74 2013	YANNICK LUPIEN 22.92 1997	ERIKA SELTENREICH-HODGSON 25.74 2013	TRAE PARSONS 22.75 2015
100 FR	OLIVIA HOWE 1:11.79 2016	SCOTT FLOWERS 1:07.29 1979	EDITH LACHAPELLE 59.23 1989	JOHN M MILLS 56.38 1993	EDITH LACHAPELLE 57.95 1991	<b>FANGHE FU</b> <b>54.32 2017</b>	ERIKA SELTENREICH-HODGSON 55.07 2013	YANNICK LUPIEN 49.84 1997	ERIKA SELTENREICH-HODGSON 55.07 2013	YANNICK LUPIEN 49.84 1997
200 FR	NAOMI ELLIS 2:35.56 2005	KEATON ZHOU 2:27.79 2017	EDITH LACHAPELLE 2:09.15 1989	SEAN DAWSON 2:06.63 2000	TABITHA BAUMANN 2:03.74 2010	DYLAN BYERS 1:58.01 2015	TABITHA BAUMANN 1:59.60 2011	YANNICK LUPIEN 1:48.14 1997	TABITHA BAUMANN 1:59.60 2011	YANNICK LUPIEN 1:48.14 1997
400 FR	RACHEL SOLOSKI 5:17.19 1997	SCOTT FLOWERS 5:06.11 1979	REGAN RATHWELL 4:36.45 2017	PETER BOWEN 4:36.24 2001	TABITHA BAUMANN 4:17.76 2010	ADAM PEACEY 4:08.33 1991	TABITHA BAUMANN 4:09.50 2011	ANDREW COUPLAND 3:56.28 2000	TABITHA BAUMANN 4:09.50 2011	ANDREW COUPLAND 3:56.28 2000
800 FR	NEELEY ARNOTT 11:14.54 2006	KEATON ZHOU 10:49.98 2017	JULIE GRAVELLE 9:32.94 1992	DYLAN BYERS 9:29.93 2013	TABITHA BAUMANN 8:57.56 2010	JONAH LOMBARDO 8:57.42 2006	TABITHA BAUMANN 8:44.58 2010	LIAM VEREGIN 8:33.20 2014	TABITHA BAUMANN 8:44.58 2010	STEFAN RUKSYS 8:33.20 2014
1500 FR			NEELEY ARNOTT 18:50.11 2008	STEVEN MEDAGLIA 18:16.64 1997	TABITHA BAUMANN 17:25.20 2010	STEVEN MEDAGLIA 16:22.23 1999	TABITHA BAUMANN 16:22.91 2011	ALEX HAYES 15:33.38 1999	TABITHA BAUMANN 16:22.91 2011	ALEX HAYES 15:33.38 1999
50 BK	SHAYLYN HEWTON 37.19 2010	LIAM VEREGIN 34.83 2009	REGAN RATHWELL 30.81 2017	DYLAN BYERS 30.00 2013	CASSIA SNYDER 30.47 2015	LIAM VEREGIN 27.19 2013	<b>RAELEIGH MOOIJ</b> <b>29.39 2017</b>	LIAM VEREGIN 25.48 2015	RAELEIGH MOOIJ 29.85 2016	MATT HAWES 25.42 2009
100 BK	NAOMI ELLIS 1:20.24 2005	SAM MCLEAN 1:16.85 2008	SHAYLYN HEWTON 1:08.85 2012	JOHN M MILLS 1:03.63 1993	<b>REAGAN RATHWELL</b> <b>1:03.24 2017</b>	LIAM VEREGIN 57.82 2013	KYLIE WEBER 1:03.03 2011	LIAM VEREGIN 55.59 2015	KYLIE WEBER 1:03.03 2011	MATT HAWES 52.88 2009
200 BK	SHAYLYN HEWTON 2:49.05 2010	SAM MCLEAN 2:46.51 2008	REGAN RATHWELL 2:23.90 2017	DYLAN BYERS 2:21.29 2013	SHAYLYN HEWTON 2:17.55 2014	LIAM VEREGIN 2:04.91 2013	ERIKA SELTENREICH-HODGSON 2:10.98 2012	LIAM VEREGIN 2:01.06 2015	ERIKA SELTENREICH-HODGSON 2:10.98 2012	MATT HAWES 1:54.51 2009
50 BR	PORTIA COOPER 44.26 2012	KEATON ZHOU 36.34 2017	REGAN RATHWELL 35.12 2016	MATTHEW DAHLGREN 36.76 2016	CATTUONG LE 33.91 2014	ELI WALL 32.45 2010	<b>KAYLA WHITEHEAD</b> <b>32.36 2017</b>	ASHTON BAUMANN 29.27 2010	AUDREY PRAYAL BROWN 32.15 2013	ASHTON BAUMANN 29.27 2010
100 BR	NAOMI ELLIS 1:30.23 2005	KEATON ZHOU 1:20.97 2017	REGAN RATHWELL 1:15.66 2017	EWAN DUNN 1:16.83 1999	<b>REAGAN RATHWELL</b> <b>1:13.99 2017</b>	ANDREW TRUSSLER 1:07.16 1987	ERIKA SELTENREICH-HODGSON 1:08.25 2013	ASHTON BAUMANN 1:02.25 2010	ERIKA SELTENREICH-HODGSON 1:08.25 2013	ASHTON BAUMANN 1:02.25 2010
200 BR	LETICIA BENSEBAA 3:17.92 2016	KEATON ZHOU 3:03.70 2017	REGAN RATHWELL 2:40.43 2017	JACOB PADUCH 2:44.28 2012	KELLY KANE 2:38.10 1989	MICHAEL LAMOTHE 2:24.74 1988	ERIKA SELTENREICH-HODGSON 2:26.82 2013	ASHTON BAUMANN 2:11.23 2010	ERIKA SELTENREICH-HODGSON 2:26.82 2013	ASHTON BAUMANN 2:11.23 2010
50 FL	<b>GEORGIA DECHMAN</b> <b>35.36 2017</b>	MATTHEW DAHLGREN 35.43 2015	REGAN RATHWELL 30.46 2017	DYLAN BYERS 31.55 2013	CATTUONG LE 29.33 2013	TREVOR DAWSON 27.52 2010	<b>CASSIA SNYDER</b> <b>27.92 2017</b>	MATTHEW DANS 25.01 2013	ERIKA SELTENREICH-HODGSON 28.18 2013	MATTHEW DANS 25.01 2013
100 FL	DANIELLE BELAND 1:12.94 1995	COLE COOPER 1:21.63 2009	REGAN RATHWELL 1:06.56 2017	JOHN M MILLS 1:06.41 1993	ERIN ADAMS 1:04.61 1992	DOUGLAS MCQUEEN 1:00.33 2000	ERIKA SELTENREICH-HODGSON 1:02.15 2013	MATTHEW DANS 55.15 2013	JOSEE BARRETTE 1:01.75 2015	MATTHEW DANS 55.15 2013
200 FL	NORA SMITH 3:41.43 2010	MONTANA CHAMPAGNE 3:11.86 2007	EDITH LACHAPELLE 2:28.11 1989	STEVEN MEDAGLIA 2:27.21 1997	JOSEE PILON 2:17.69 1980	STEVEN MEDAGLIA 2:08.49 1999	JENNIFER RAMSDEN 2:14.93 1995	MONTANA CHAMPAGNE 2:01.97 2014	JENNIFER RAMSDEN 2:14.93 1995	MONTANA CHAMPAGNE 2:00.41 2015
100 IM	NAOMI ELLIS 1:21.86 2005	KEATON ZHOU 1:17.28 2017	<b>LATICIA BENSEBAA</b> <b>1:11.68 2017</b>	DYLAN BYERS 1:09.73 2013	<b>REAGAN RATHWELL</b> <b>1:09.09 2017</b>	LIAM VEREGIN 1:03.19 2013	ERIKA SELTENREICH-HODGSON 1:05.57 2012	ASHTON BAUMANN 57.60 2010	ERIKA SELTENREICH-HODGSON 1:04.71 2013	MATT HAWES 57.53 2010
200 IM	LETICIA BENSEBAA 2:52.57 2015	KEATON ZHOU 2:47.97 2017	REGAN RATHWELL 2:23.81 2017	JOHN M MILLS 2:24.82 1993	TANIA BELISLE-LECLERC 2:21.26 1992	STEVEN MEDAGLIA 2:11.61 1999	ERIKA SELTENREICH-HODGSON 2:10.78 2013	ASHTON BAUMANN 2:01.63 2010	ERIKA SELTENREICH-HODGSON 2:10.78 2013	ASHTON BAUMANN 2:01.63 2010
400 IM	LETICIA BENSEBAA 6:01.24 2016	KEATON ZHOU 5:55.28 2017	REGAN RATHWELL 5:03.09 2017	STEVEN MEDAGLIA 5:15.10 1997	TANIA BELISLE-LECLERC 4:55.00 1992	STEVEN MEDAGLIA 4:36.26 1999	ERIKA SELTENREICH-HODGSON 4:40.88 2013	MONTANA CHAMPAGNE 4:20.44 2014	ERIKA SELTENREICH-HODGSON 4:40.88 2013	MONTANA CHAMPAGNE 4:18.57 2015

Last updated on January 16th, 2018