



**Let's GO Swim • GO Junior Kingfish Program
2017-2018 Practice Schedule**

Francois Dupuis Recreation Centre • 2263 Portobello Blvd, Orleans

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	4:00-4:45pm 4:45-5:30pm		4:00-4:45pm 4:45-5:30pm		6:00-7:15am* 7:15-8:30am*	

Canterbury Pool • 2185 rue Arch Street, Ottawa

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		4:00-4:45pm 4:45-5:30pm		4:00-4:45pm	6:00-7:15am* 7:15-8:30am*	

** Extra, complimentary practices focused on racing - held at Francois Dupuis and by coach's invitation only*