



Festival of Spring – May 13 to May 15, 2016
Coaches' Meeting Friday May 13 at 11:15am (revised)

Welcome to the Festival of Spring. Please be aware of the following information and procedures to ensure a safe, efficient and fair competition.

1. Meet Format

This is a 3 day competition with 7 sessions. The 13 & over Finals will take place on Saturday and Sunday mornings. The distance events will be on Sunday afternoon.

2. Changes to Warm-up and Session Start Times

Session			Warm - Up	Start	Est End Time
1	Friday	13 & over prelims	11:00AM	11:45AM	2:30 PM
2		12 & under	3:00 PM	3:45 PM	7:15 PM
3	Saturday	13 & over finals	8:00AM	8:45AM	10:40 AM
4		12 & under	10:45AM	11:30AM	4:00 PM
5		13 & over prelims	4:15 PM	5:00 PM	7:45 PM
6	Sunday	13 & over finals	8:00AM	8:45 AM	10:35 AM
7		Distance	11:30AM	12:15PM	4:15 PM

3. This meet is long course. All races will start in the deep end of the pool. The warm up pool is not available for this meet.

4. Relays

Relay cards are due 30 minutes before the start of the session in which relays occur. Please drop off your relay cards at the Clerk of Course table. Any relay cards not received prior to these times will be scratched.

5. Scratches

Scratches from preliminary and timed final events shall be made at the Clerk of Course table with a scratch form at least 45 minutes before the start of the session. Late scratches will result in empty lanes with no penalty to the swimmer.

Scratches from finals shall be made within 30 minutes of the completion of the prelim session to allow for proper seeding and notification of alternates. Late scratches from finals must be made up to 30 minutes before the start of the finals session. There will be no reseeding. No scratches will be allowed after this point. Any swimmers that do not show up for their events after this deadline will be removed from all further events for that session.

6. 400, 800 & 1500 Free will be swum with 2 swimmers per lane. The right swimmer will start first.

7. Clerk of Course

All coaches will check in their swimmers with the clerk of course for 13 & over morning finals to allow time to notify the alternate swimmers.

Positive check-in is required for 400IM, 800 Free and 1500 Free entries 30 minutes before the start of Session 7 at the Clerk of Course table.

The 800 and 1500 Free events will be reseeded after the Clerk of Course records the scratches if the number of scratches warrants reseeding. Heat and lanes will be posted during the 400IM event. Swimmers will swim 2 per lane for 800 and 1500 Free. Events will alternate. There will be no penalty for swimmers who do not show up for these heats.

8. Teams – Deck maximum capacity is 450.

Please set up on the bleachers provided. Overflow in the viewing area. Team banners may be attached to the rails of the viewing area. **Please remind swimmers no food is allowed on the deck.**

9. Please pick up medals and ribbons at the awards table before leaving on Sunday afternoon.

10. Gong prizes will be awarded to the winner of selected heats throughout the weekend.

Good luck to your teams and if you have any questions, please come by the meet management office.